

2025 U.S. TAEKWONDO FESTIVAL TOURNAMENT

October 11, 2025



JOIN US FOR

NATIONAL LEVEL FACILITY & REFEREES

ALL PROCEEDS GO DIRECTLY TO THE U.S.
TAEKWONDO SCHOLARSHIP FOUNDATION

**IN CELEBRATION OF THE
WORLD'S 1ST TAEKWONDO DAY!**

- ★ DAEDO PSS WORLD CLASS SPARRING
- ★ DAEDO TRIGGER OPEN SPARRING
- ★ FAMILY & TEAM FORMS
- ★ TRADITIONAL POOMSAE (FORMS)
- ★ SPORT POOMSAE (FORMS)
- ★ BOARD BREAKING

APG ARENA - 401 THOMAS RUN ROAD, BEL AIR, MD 21015
443-243-4124

SPONSORED BY THE MD STATE TKD ASSOCIATION

TOURNAMENT DIRECTOR'S WELCOME LETTER



2025 U.S. Taekwondo Festival

Greetings, Taekwondo Members!

I would like to welcome everyone to the **2025 U.S. Taekwondo Festival Open Championship**. This prestigious Tournament will mark the beginning of this year's season with the finest in competition as well as refereeing for the Maryland State Taekwondo Association. This remarkable tournament is one of my favorites of the year since **all proceeds from the tournament go directly to the United States Taekwondo Scholarship Foundation which supports Taekwondo practitioners.**

On behalf of the Maryland State Taekwondo Association, it gives me great honor to announce this year's competition to mark the **35th Year Anniversary for the proclamation of Taekwondo Day in the City of Baltimore. The first recognized Taekwondo Day in the world was on September 4, 1995.**

We will have two categories of Black Belt divisions in 12-14, 15-17, and 17-32: World Class and Open Sparring. Daedo scoring will be available for Black Belt World Class divisions in 12-14, 15-17, and 17-32 divisions and Open Sparring division with Daedo Trigger Scoring and all other age categories. Daedo Gen2 socks are required and will be available for purchase on site with our official equipment vendor. We are proud to announce that we will be holding Family, Pairs & Team Forms events, as well!

Remember, Taekwondo competition is an essential part of martial arts training. Competition allows you to put your individual skills to the test against another individual of similar experience and level. But keep in mind, Taekwondo competition is ultimately a learning experience. And with every experience in life, you gain knowledge, strength, courage, and confidence. Through your experience at the U.S. Taekwondo Festival, you will become a better Taekwondo student overall.

"It's not whether you get knocked down; it's whether you get up." -Vince Lombardi

Hope to see you all on Saturday, October 11th at APG Arena at Harford Community College – 401 Thomas Run Road, Bel Air, Maryland 21015! Keep practicing and good luck!

Sincerely,

Senior Master Yong Seong CJ Chang

President-Elect of the Maryland State Taekwondo Association
Tournament Director of the 2025 U.S. Taekwondo Festival
(443)243-4124
belairkicks@gmail.com



2025 U.S. Taekwondo Festival



Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com

COMPETITION FEES

Event Options: Daedo PSS Sparring; Regular Trigger Sparring; Traditional Poomsae; Sport Poomsae; Family Forms; Pairs Forms; Team Forms; 3-Station Board Breaking.

PRE-REGISTRATION BY SEPTEMBER 30, 2025: \$120 for one or two events, +\$20/each additional event.

REGISTRATION AFTER OCTOBER 1, 2025 OR ON-SITE: \$140 for one or two events, +\$20/each additional event.

Mail-in Registration will be accepted but MUST BE POSTMARKED by 9/30/25. Credit Card (VISA/MC/DISCOVER) payment is only accepted for Mail-in Registration. **There will be a +\$10 processing fee incurred for all CC transactions.** Cash, Cashiers Checks, Money Orders made payable to US TAEKWONDO, or Pre-Approved School Checks will be accepted for Mail-in Registration. **NO PERSONAL CHECKS ACCEPTED.**

ON-SITE REGISTRATION WILL BE AVAILABLE! Credit Card Payments and Personal Checks will NOT be accepted on-site. ONLY CASH, CASHIERS CHECK, MONEY ORDERS MADE PAYABLE TO US TAEKWONDO, OR PRE-APPROVED SCHOOL CHECKS ACCEPTED ON-SITE.

SCHEDULE

8:00 - 8:30am	On-Site Registration & Pre-Registration pick-up for all 12 & up
8:00 - 8:30am	Weigh-in FOR 12 & UP BLACK BELT WORLD CLASS SPARRING ONLY *Mandatory for 12-14, 15-17 & 17-32.
8:00am	Mandatory Referee Meeting
8:30am	Report Time for ALL DAEDO WORLD CLASS BLACK BELT <u>AND</u> WORLD CLASS SPORT POOMSAE Competitors
9:00am	Report Time for ALL DIVISIONS 12 & up (all events)
11:00 - 11:30am	On-Site Registration & Pre-Registration pick-up for all 11 & under (all events)
11:30 - 12:00pm	Lunch
12:00 - 12:30pm	Opening Ceremony & Tag Team Sparring
12:30pm	Competition begins for Family/Team Forms & ALL DIVISIONS 11 & under (all events)

GENERAL ADMISSION	\$20 CASH ONLY (Children 4 & under / 65 & over are FREE)
COACH PASS	Pre-Registration by September 30: \$30 Registration after October 1 OR On-Site Registration: \$50 Applications will be available for coaches to register on-site. 1 FREE Coach Pass for 10+ competitors.
COMPETITION RULES	The current modified USAT & modified WT competition rules will govern this championship.
MANDATORY GEAR	All sparring competitors must wear: white, red or blue helmet (colored helmet must match chest protector color); red and blue reversible chest protector; forearm guard; shin & instep guard; groin cup (worn inside for males; optional for females); and mouth guard. Each competitor must provide their own equipment. Some equipment will be sold at the tournament. 12-14, 15-17 & 17-32 World Class Black Belt divisions must provide their own Gen2 Daedo socks.
AWARDS	Beautiful trophies will be awarded to: 1st, 2nd, and 3rd place Forms and Breaking winners; and 1st, 2nd, and two 3rd place Sparring winners.
HOTEL	Holiday Inn Belcamp – 1326 Policy Drive, Belcamp, MD 21017 / (410)272-1806
SPONSOR	Sponsored by the Maryland State Taekwondo Association



2025 U.S. Taekwondo Festival

Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com



COMPETITOR ENTRY FORM

Please Print Legibly

Competitor's Last Name:

First Name:

Middle Name:

Street Address:

City:

State:

Zip Code:

Home Phone:

Cell Phone:

Email:

Approximate Weight (lbs):

Birth Date: MM / DD / YY

Age:

Sex:

☐ Male

☐ Female

I AM ENTERING IN THE FOLLOWING EVENTS:

☐ TRADITIONAL POOMSAE (FORMS)

☐ 3-STATION BOARD BREAKING

☐ SPORT POOMSAE (SPORT FORMS)

☐ DAEDO PSS SPARRING (World Class)

☐ FAMILY FORMS

☐ REGULAR TRIGGER SPARRING (Open)

☐ TEAM FORMS

PRE-REGISTRATION RATES BY 9/30/25:

- \$120 for one or two events
- + \$20 for each additional event

REGISTRATION RATES AFTER 10/1/25:

- \$140 for one or two events
- + \$20 for each additional event

YOUR CURRENT RANK:

☐ WHITE / YELLOW / ORANGE

☐ GREEN

☐ BLUE / PURPLE

☐ BROWN / RED

☐ BLACK BELT (Dan/Degree Rank: _____)

YOUR TAEKWONDO SCHOOL INFO:

Name of School: _____

TKD School Address: _____

TKD School Phone #: _____

COMPETITOR'S ACKNOWLEDGEMENT

(Parent or Guardian must complete if competitor is 17 years old and younger)

I have read, understood, signed and attached to this form the Liability Waiver form. The above information is true to the best of my knowledge.

Athlete Signature / Parent or Guardian (Print and Sign)

Date (MM / DD / YY)

PAYMENT INFORMATION

You may pay via Cash, Cashier's Check, Money Orders made payable to US TAEKWONDO.

*Credit Card Payment is only application for Pre-Registration MAIL-IN Only. We accept VISA/MC/DISCOVER. All Credit Card transactions will incur a +\$10 transaction fee.

**NO CREDIT CARD PAYMENT ACCEPTED ON-SITE REGISTRATION. NO PERSONAL CHECKS ACCEPTED. ALL APPLICATIONS & FEES ARE NON-REFUNDABLE.

Credit Card Number w/ Security Code:

Expiration Date:

Signature:

Amount:

☐ Cash Amount: _____

☐ Cashier's Check Amount: _____

☐ Money Order Amount: _____

You **MUST SIGN & DATE** the back of this page in order to compete. **TURN PAGE OVER & COMPLETE** ➡

You MUST SIGN & DATE this page in order to participate in the 2025 U.S. Taekwondo Festival.

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK
AND PARENTAL CONSENT AND INDEMNITY AGREEMENT**

- In consideration of your acceptance of my participation or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2025 U.S. Taekwondo Festival Tournament, Grand Master Se Yong Chang, Master Yong Seong Chang, Unites States Taekwondo Scholarship Foundation, APG Arena at Harford Community College, Chang's Martial Arts, Inc. d/b/a U.S. Taekwondo Academy and for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all the tournament competition rules and understand that any pictures taken of me in connection with the 2025 US Taekwondo Festival Championships may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:

Participant's Signature:

Date:

Parent/Guardian's Printed Name:

Parent/Guardian's Signature:

Date:





2025 U.S. Taekwondo Festival

Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com



COACH APPLICATION FORM

Please Print Legibly

Coach's Last Name:

First Name:

Middle Name:

Street Address:

City:

State:

Zip Code:

Home Phone:

Cell Phone:

Email:

USAT Coach Level:

Birth Date: MM / DD / YY

Age:

Sex:

☐ Male

☐ Female

WHAT BLACK BELT RANK ARE YOU?

☐ 1st Dan

☐ 6th Dan

☐ 2nd Dan

☐ 7th Dan

☐ 3rd Dan

☐ 8th Dan

☐ 4th Dan

☐ 9th Dan

☐ 5th Dan

YOUR TAEKWONDO SCHOOL INFO:

Name of School: _____ Instructor's Name: _____

TKD School Address: _____ TKD School Phone #: _____

COACH'S ACKNOWLEDGEMENT

I have read, understood, signed and attached to this form the Code of Conduct and Liability Waiver form.
The above information is true to the best of my knowledge.

Coach's Signature / Parent or Guardian (Print and Sign)

Date (MM / DD / YY)

OFFICIAL USE (COMPLETED BY OFFICIAL EVENT STAFF)

☐ Code of Conduct

☐ Waiver & Release of Liability, Assumption of Risk & Parental Consent & Indemnity Agreement

Cost:

★ Pre-Registration by September 30: \$30

★ Registration after October 1 OR On-Site Registration: \$50

☐ Cash

☐ Money Order / Cashier's Check

☐ Pre-Approved School Check ***PERSONAL CHECKS NOT ACCEPTED***

Event Staff Verifying Form
Print Name:

Sign:

Official Stamp:

You **MUST SIGN & DATE** the back of this page in order to compete. TURN PAGE OVER & COMPLETE ➡

**WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OR RISK
AND PARENTAL CONSENT AND INDEMNITY AGREEMENT**

- In consideration of your acceptance of my entry or that of the minor child, I do hereby, for myself or the minor child, my heirs, executors and administrators waive, release, discharge, covenant not to sue, agree to indemnify and save and hold harmless any and all rights and claims for damages which I may have or may accrue to me against the 2025 U.S. Taekwondo Festival Tournament, Grand Master Se Yong Chang, Master Yong Seong Chang, Grand Master John Holloway, Master Chien Vuong, this athletic meet, its organizing committee, United States Taekwondo Scholarship Foundation, the World Taekwondo Federation, APG Arena at Harford Community College, Chang's Martial Arts, Inc. d/b/a U.S. Taekwondo Academy and all members of this athletic meet for this martial arts function, its organizing committee, and all members of this martial arts function, or their respective officers, committees, medical committee, agents, representatives, successors, sponsors, advertisers, volunteers, owners, and lesser of premises on which the martial arts function takes place, assignees and against any student for any and all damages which may be sustained by me or the minor child, in connection with me or entry in the above stated function, or which may arise out of traveling to, participating in, and returning from this martial arts function. I understand that all entry fees are nonrefundable.
- I understand the nature of Taekwondo activities and believe that my experience and capabilities, or that of the minor child, to be qualified to participate in this martial arts function. I understand that Taekwondo activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death. These risks and dangers may be caused by myself or the minor child's own actions, or inactions, and/or the actions or inactions of others participating in the martial arts function.
- I understand that the competition rules are based on the rules of the USAT and WT. I agree to all the tournament competition rules and understand that any pictures taken of me in connection with the 2024 US Taekwondo Festival Championships may be used by the organizer for publicity or promotion without compensation.
- I have read this agreement, fully understand its terms, understand that I or the minor child have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by the law and agree that if any portion of this agreement is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

Participant's Printed Name:

Participant's Signature:

Date:

Parent/Guardian's Printed Name:

Parent/Guardian's Signature:

Date:



2025 U.S. Taekwondo Festival

Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com

POOMSAE

ALL TAEKWONDO FORMS WILL BE ALLOWED.

Rank (Kub)	10 - 9	8 - 7	6 - 5	4 - 3	2 - 1	Poom-Dan: 1 - 2 - 3
Belt Colors	White / Yellow / Orange		Green	Blue / Purple	Red / Brown	Black
Poomsae: Taeguk / Palgwae / Chang Hon / Pyung Ahn / etc.	Basic Form / Taeguk 1 or 2		3 or 4	5 or 6	7 or 8	Koryo, Keumgang, Taebaek, etc.

TRADITIONAL: Poomsae competitors must perform only the Poomsae designated for their specific rank. ALL Taekwondo poomsaes will be allowed. Scores will be based on: proper order, beauty, grace, rhythm, accuracy, power, technique and attitude. Poomsae will be a bracket competition like Sparring.

SPORT POOMSAE: Sport Poomsae will only be available in 10 & older black belt divisions. Competitors in these age categories will have a choice to compete in Sport Poomsae or Traditional Poomsae. Competitors **CANNOT** compete in both form events. Designated forms are as follows:

FEMALE INDIVIDUAL	Youth 10-11	Cadet 12-14	Junior 15-17	Under 30 18-30	Under 40 31-40	Under 50 41-50	Under 60 51-60	Under 65 61-65	Over 65 66+
PRELIMINARY	Taeguk 7	Taeguk 7	Taeguk 6	Koryo	Pyongwon	Koryo	Jitae	Shipjin	Shipjin
SEMI FINAL	Taeguk 5	Keumgang	Taeguk 7	Shipjin	Koryo	Keumgang	Chonkwon	Jitae	Chonkwon
FINAL	Taeguk 2	Taeguk 5	Keumgang	Taeguk 7	Keumgang	Chonkwon	Koryo	Chonkwon	Pyongwon
	Taeguk 8	Taeguk 8	Taebaek	Keumgang	Taeguk 8	Shipjin	Shipjin	Pyongwon	Hansu

MALE INDIVIDUAL	Youth 10-11	Cadet 12-14	Junior 15-17	Under 30 18-30	Under 40 31-40	Under 50 41-50	Under 60 51-60	Under 65 61-65	Over 65 66+
PRELIMINARY	Taeguk 3	Taeguk 6	Taeguk 8	Taebaek	Taeguk 6	Koryo	Koryo	Jitae	Koryo
SEMI FINAL	Taeguk 6	Koryo	Taeguk 7	Taeguk 8	Taeguk 8	Shipjin	Hansu	Pyongwon	Chonkwon
FINAL	Taeguk 5	Taeguk 4	Koryo	Koryo	Taeguk 7	Pyongwon	Pyongwon	Taebaek	Hansu
	Taeguk 8	Keumgang	Taeguk 5	Taeguk 6	Koryo	Jitae	Shipjin	Keumgang	Taebaek

Any division with 20-69 competitors begins in the Preliminary round.
Any division with 9-19 competitors begins in the Semi Final round.
Any division with 8 or fewer competitors begins in the Final round.

FAMILY FORMS: 2 or more competitors in the immediate family only. No cousins. Any form can be chosen to compete. Score cards will be used to score.

TEAM FORMS: 3 or more competitors in the same belt groups. Co-ed is permitted. Score cards will be used to score.

KYUK-PA (BREAKING)

3 STATION TRADITIONAL BOARD BREAKING:

- ★ Competitors must provide their own boards and holders.
- ★ **Only Pine Boards** will be allowed. **NO** bricks, cinder blocks, fruit or anything besides pine boards.
- ★ Competitors can choose the kind of techniques and number of boards to break.
- ★ The maximum number of stations is 3 with 1-3 kicking techniques per station.
- ★ The maximum set-up time is 1 minute.
- ★ The maximum time to complete the performance is 1 minute.
- ★ The maximum number of tries is 2 times.
- ★ The performance must be done within the regulation ring size.

Boards will be available for purchase at the venue.



2025 U.S. Taekwondo Festival

Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com



SPARRING

SPARRING COMPETITION RULES:

AGE	RULES
11 & under	<ul style="list-style-type: none">→ USAT / WT Modified rules→ No Head Contact for all belts except Black Belts ages 8-11→ Junior Safety rules for Black Belts ages 8-11
12 - 14	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Junior Safety rules for All Belts
15 - 17	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Junior Safety Rules for Color Belts→ Senior Rules for Black Belts
17 & up	<ul style="list-style-type: none">→ USAT / WT Modified rules→ Senior Rules for All Belts

IMPORTANT:

AGES (12 - 32) BLACK BELT SPARRING DIVISIONS ONLY:

- ★ Weigh-ins are required **ONLY FOR WORLD CLASS BLACK BELTS** competing in the 12-14, 15-17 & 17-32 YEAR OLD SPARRING DIVISIONS. Weigh-ins will take place on Saturday, October 12 at the venue between 8:00 - 8:45am. Competitors will be allowed two opportunities to stand on the scale. If an athlete does not make weight on the 2nd attempt, the competitor will be moved up/down to the next weight division.
- ★ We will have two categories of Black Belt divisions in the 12-14, 15-17 & 17-32: World Class Sparring and Open Sparring. **Daedo scoring will be available for Black Belt World Class divisions in the 12-14, 15-17 & 17-32 divisions** and Regular Trigger Scoring will be available for Open Sparring and all other age categories. Daedo Gen2 socks will be available for purchase on site.

ALL COLOR BELT DIVISIONS; BLACK BELT DIVISIONS (11 & UNDER); BLACK BELT DIVISIONS (33 & UP):

- ★ There will be **NO weigh-in** for All Color Belt divisions, Black Belt divisions (11 & under), or Black Belt divisions (33 & up). You must enter your correct weight during your registration. If there seems to be purposeful falsifying of weight information, you will risk disqualification. Competitors unable to meet the weight division listed during registration will not be allowed to compete and be disqualified. **Competitors will not be moved up or down divisions after falsification.**
- ★ If there are less than four athletes in a weight division, the organizing committee may combine weight divisions.
- ★ Athletes ages 15-17 SPARRING ONLY may compete in their own division or an older age division of their respective weight.
- ★ Athletes ages 33 & up SPARRING ONLY have the option to compete in their own division or the 17-32 year old division for their respective weight.

2025 U.S. Taekwondo Festival



Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com



CHECK YOUR EVENT INFORMATION

Traditional Poomsae (Forms) - Available to All Ages:

AGE: <input type="checkbox"/> 7 & under <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female
---	--

Sport Poomsae (Forms) - Black Belts Only:

AGE: <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 18-30 <input type="checkbox"/> 31-39 <input type="checkbox"/> 40-49 <input type="checkbox"/> 50-59	RANK: <input type="checkbox"/> Black Belt Division GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female
---	--

Team Poomsae (Forms) - Minimum 3 Person Teams:

AGE: There are no age divisions as teammates can team up with 3 competitors per team minimum of the same color.	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division GENDER: Co-ed is permitted.
---	---

Family Poomsae (Forms) - All Ages:

AGE: There are no age divisions as parents and/or siblings can team up with 2 competitors per family minimum. Immediate family only. No cousins.	RANK: No rank division. GENDER: No gender division.
--	--

Board Breaking - Traditional 3 Stations:

AGE: <input type="checkbox"/> 7 & under <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female
---	--

TURN PAGE OVER FOR SPARRING DIVISIONS ➡



2025 U.S. Taekwondo Festival

Saturday, October 11, 2025

APG Arena at Harford Community College - 401 Thomas Run Road, Bel Air, MD 21015

Info: (443)243-4124 / www.USTAchang.com



CHECK YOUR EVENT INFORMATION

Open Trigger Sparring - Available to All Ages:

AGE: <input type="checkbox"/> 4-5 <input type="checkbox"/> 6-7 <input type="checkbox"/> 8-9 <input type="checkbox"/> 10-11 <input type="checkbox"/> 12-14 <input type="checkbox"/> 15-17 <input type="checkbox"/> 17-32 <input type="checkbox"/> 33 & up	RANK: <input type="checkbox"/> White / Yellow / Orange Belt Division <input type="checkbox"/> Green Belt Division <input type="checkbox"/> Blue / Purple Belt Division <input type="checkbox"/> Brown / Red Belt Division <input type="checkbox"/> Black Belt Division GENDER: <input type="checkbox"/> Male <input type="checkbox"/> Female
---	--

Daedo World Class Sparring - Black Belts 17-32:

MEN'S WEIGHT: <input type="checkbox"/> Fin/Fly 0 - 127.9 lbs <input type="checkbox"/> Bantam/Feather 128.0 - 149.9 lbs <input type="checkbox"/> Light/Welter 150.0 - 176.4 lbs <input type="checkbox"/> Middle/Heavy 176.5 - 999.9 lbs	WOMEN'S WEIGHT: <input type="checkbox"/> Fin/Fly 0 - 108.0 lbs <input type="checkbox"/> Bantam/Feather 108.1 - 125.7 lbs <input type="checkbox"/> Light/Welter 125.8 - 147.7 lbs <input type="checkbox"/> Middle/Heavy 147.8 - 999.9 lbs
---	---

Daedo World Class Sparring - Black Belt 12-14:

MEN'S WEIGHT: <input type="checkbox"/> Fin 0 - 72.8 lbs <input type="checkbox"/> Fly 72.9 - 81.6 lbs <input type="checkbox"/> Bantam 81.7 - 90.4 lbs <input type="checkbox"/> Feather 90.5 - 99.2 lbs <input type="checkbox"/> Light 99.3 - 108.0 lbs <input type="checkbox"/> Welter 108.1 - 116.8 lbs <input type="checkbox"/> Light Middle 116.9 - 125.7 lbs <input type="checkbox"/> Middle 125.8 - 134.4 lbs <input type="checkbox"/> Light Heavy 134.5 - 143.3 lbs <input type="checkbox"/> Heavy 143.4 - 999.9 lbs	WOMEN'S WEIGHT: <input type="checkbox"/> Fin 0 - 63.9 lbs <input type="checkbox"/> Fly 64.0 - 72.8 lbs <input type="checkbox"/> Bantam 72.9 - 81.6 lbs <input type="checkbox"/> Feather 81.7 - 90.4 lbs <input type="checkbox"/> Light 90.5 - 97.0 lbs <input type="checkbox"/> Welter 97.1 - 103.6 lbs <input type="checkbox"/> Light Middle 103.7 - 112.4 lbs <input type="checkbox"/> Middle 112.5 - 121.3 lbs <input type="checkbox"/> Light Heavy 121.4 - 130.1 lbs <input type="checkbox"/> Heavy 130.2 - 999.9 lbs
--	--

Daedo World Class Sparring - Black Belt 15-17:

MEN'S WEIGHT: <input type="checkbox"/> Fin 0 - 99.2 lbs <input type="checkbox"/> Fly 99.3 - 105.8 lbs <input type="checkbox"/> Bantam 105.9 - 112.4 lbs <input type="checkbox"/> Feather 112.5 - 121.3 lbs <input type="checkbox"/> Light 121.4 - 130.1 lbs <input type="checkbox"/> Welter 130.2 - 138.9 lbs <input type="checkbox"/> Light Middle 139.0 - 149.9 lbs <input type="checkbox"/> Middle 150.0 - 160.9 lbs <input type="checkbox"/> Light Heavy 161.0 - 172.0 lbs <input type="checkbox"/> Heavy 172.1 - 999.9 lbs	WOMEN'S WEIGHT: <input type="checkbox"/> Fin 0 - 92.6 lbs <input type="checkbox"/> Fly 92.7 - 97.0 lbs <input type="checkbox"/> Bantam 97.1 - 101.4 lbs <input type="checkbox"/> Feather 101.5 - 108.0 lbs <input type="checkbox"/> Light 108.1 - 114.6 lbs <input type="checkbox"/> Welter 114.7 - 121.3 lbs <input type="checkbox"/> Light Middle 121.4 - 130.1 lbs <input type="checkbox"/> Middle 130.2 - 138.9 lbs <input type="checkbox"/> Light Heavy 140.0 - 149.9 lbs <input type="checkbox"/> Heavy 150.0 - 999.9 lbs
--	--

ALL DIVISIONS ARE SUBJECT TO CHANGE